



Kent Roadrunner Marathon. 31st May 2014

Dear **[[Name]]**,

Your entry to the 2014 Kent Roadrunner Marathon is **CONFIRMED**.

Your race number is: **[[Bib]]**.

With less than three weeks to go until race day we wanted to send you a few notes to help you prepare. We will send two further email updates before race day.

If you remember nothing else, then remember this:

Your race number and timing chip must be collected from the venue on race morning, 7:00-8:30am on Saturday 31st May. Venue post code is DA11 7NP.

We have a number of handy pages on our website:

Pace Bands

Our lapped course lends itself nicely to an even-paced effort. We have designed pace bands for a range of popular finishing times. Full instructions for these print-at-home bands are available here:

http://www.kentroadrunner.com/news/pace_bands.html

Keeping Count

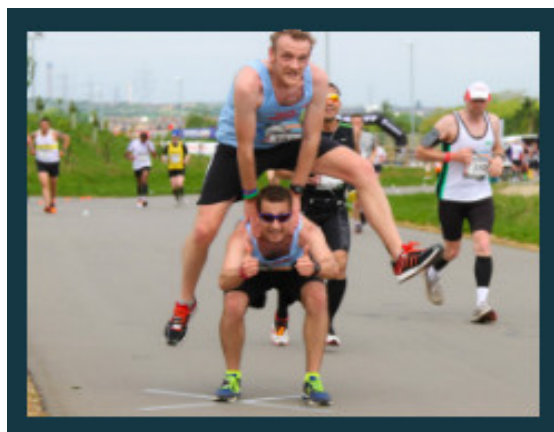
The race is 17 laps. We have offered all sorts of assistance to help you keep count of your laps here:

http://www.kentroadrunner.com/news/keeping_count.html

Free Race Photos

Yes, you read that right. We have hired one of the best race photography teams in the business (Stuart March Photography) and paid them so you don't have to. All your official race photos will be free:

http://www.kentroadrunner.com/news/stuart_march.html



Roadrunner shirts

Have you ordered your stunning Kent Roadrunner Marathon shirt yet? These are dye sublimation printed breathable technical running shirts, with a vivid all-over print.

We quickly sold out of our first batch of shirts so we've had more made! Order now for collection on race day:

www.kentroadrunner.com/shirt.html

We'll give **100 GBP** in cash to a randomly-selected runner wearing their official shirt at our race... buy one and wear it to be in with a chance!

Showboating Competition

Our showboating idea has been so successful others have copied us. But we're still the original and still the best!

Show us your best moves - dance, skip, team up, use props... anything inventive to show off! The very best of the best will win a trip with **209 Events** to the **2014 Frankfurt Marathon** with **209 Events** UK races entries for runners-up.

Participation is voluntary - you're allowed to take the racing line and avoid the shenanigans!

[Click here for more information.](#)

You're receiving this email because you have entered the Kent Roadrunner Marathon.

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Pre-race info email - no unsubscribe option.

