

| Place | Name | Club | RaceNo | Cat | Gun Time | Chip Time | GenPos | CatPos |
|-------|--------------------|------------------------------|--------|------|----------|-----------|--------|---------|
| 1 | Simon Newton | Ackworth Road Runners | 361 | MSEN | 2:40:42 | 2:40:42 | M-1 | MSEN-1 |
| 2 | Simon Markley | Thomas Cook RRC | 293 | MV40 | 2:43:49 | 2:43:49 | M-2 | MV40-1 |
| 3 | Michele Bottone | Serpentine RC | 109 | MSEN | 2:46:17 | 2:46:16 | M-3 | MSEN-2 |
| 4 | Steve Darby | Barnsley AC | 567 | MV40 | 2:53:35 | 2:53:34 | M-4 | MV40-2 |
| 5 | Hannah Oldroyd | UKnetrunner | 234 | FSEN | 2:53:45 | 2:53:44 | F-1 | FSEN-1 |
| 6 | Kris Noble | Sittingbourne Striders | 364 | MSEN | 2:54:32 | 2:54:31 | M-5 | MSEN-3 |
| 7 | Dan Afshar | West 4 Harriers | 39 | MV40 | 2:58:21 | 2:58:20 | M-6 | MV40-3 |
| 8 | James Mills | Unattached | 350 | MSEN | 2:59:50 | 2:59:50 | M-7 | MSEN-4 |
| 9 | Dan Gritton | East London Runners | 216 | MV40 | 3:00:10 | 3:00:07 | M-8 | MV40-4 |
| 10 | Andrea Green | So Let's Go Running | 210 | FV40 | 3:00:17 | 3:00:15 | F-2 | FV40-1 |
| 11 | Lee Wilkinson | Serpentine RC | 66 | MSEN | 3:01:24 | 3:01:22 | M-9 | MSEN-5 |
| 12 | Mike Bisson | Lordshill Road Runners | 98 | MSEN | 3:02:37 | 3:02:36 | M-10 | MSEN-6 |
| 13 | Simon Anderson | Unattached | 59 | MV40 | 3:02:49 | 3:02:49 | M-11 | MV40-5 |
| 14 | Craig Mattocks | Carnethy Hill Racers | 495 | MV40 | 3:03:00 | 3:02:58 | M-12 | MV40-6 |
| 15 | Matt Lambourne | Running Somewhere Else | 555 | MSEN | 3:08:31 | 3:08:31 | M-13 | MSEN-7 |
| 16 | Ben Whalley | Reading Roadrunners | 485 | MV40 | 3:10:17 | 3:10:14 | M-14 | MV40-7 |
| 17 | Alex Benson | Springfield Striders RC | 92 | MSEN | 3:10:29 | 3:10:26 | M-15 | MSEN-8 |
| 18 | Joe Hawkins | Datchet Dashers | 229 | MSEN | 3:12:07 | 3:11:59 | M-16 | MSEN-9 |
| 19 | James Scotney | Unattached | 430 | MSEN | 3:12:57 | 3:12:55 | M-17 | MSEN-10 |
| 20 | Dean Allaway | Reading Roadrunners | 52 | MSEN | 3:14:06 | 3:14:04 | M-18 | MSEN-11 |
| 21 | David Bailey | Unattached | 42 | MV40 | 3:14:44 | 3:14:41 | M-19 | MV40-8 |
| 22 | Vassos Alexander | Unattached | 4 | MV40 | 3:15:59 | 3:15:58 | M-20 | MV40-9 |
| 23 | Caroline Jackson | Hercules Wimbledon AC | 254 | FSEN | 3:16:35 | 3:16:34 | F-3 | FSEN-2 |
| 24 | Paul Ali | Reading Joggers | 45 | MV40 | 3:18:36 | 3:18:28 | M-21 | MV40-10 |
| 25 | John Hunt | Thanet Roadrunners AC | 247 | MSEN | 3:18:40 | 3:18:38 | M-22 | MSEN-12 |
| 26 | Alastair Bloore | Unattached | 107 | MV40 | 3:18:54 | 3:18:52 | M-23 | MV40-11 |
| 27 | Keith Pearshouse | Unattached | 385 | MSEN | 3:19:05 | 3:19:05 | M-24 | MSEN-13 |
| 28 | John Bigg | Basingstoke & Mid Hants AC | 969 | MV40 | 3:19:07 | 3:19:04 | M-25 | MV40-12 |
| 29 | Ibrahim Akseki | Unattached | 180 | MSEN | 3:19:11 | 3:18:53 | M-26 | MSEN-14 |
| 30 | Gerard Geurts | Grange Farm & Dunmow Runners | 195 | MV40 | 3:19:45 | 3:19:45 | M-27 | MV40-13 |
| 31 | Andrew Mckillop | St Albans Striders | 338 | MV40 | 3:20:33 | 3:20:27 | M-28 | MV40-14 |
| 32 | Peter Grigoleit | Basingstoke & Mid Hants AC | 214 | MV50 | 3:20:48 | 3:20:44 | M-29 | MV50-1 |
| 33 | Paul Bridges | Springfield Striders RC | 118 | MSEN | 3:21:33 | 3:21:31 | M-30 | MSEN-15 |
| 34 | Anthony Dineley | Unattached | 465 | MSEN | 3:22:02 | 3:22:02 | M-31 | MSEN-16 |
| 35 | Kevin Looker | Unattached | 286 | MV40 | 3:22:48 | 3:22:45 | M-32 | MV40-15 |
| 36 | Bradley Cameron | Thanet Roadrunners AC | 135 | MSEN | 3:23:47 | 3:23:44 | M-33 | MSEN-17 |
| 37 | Robert Beech | Pensby Runners | 89 | MSEN | 3:23:50 | 3:23:48 | M-34 | MSEN-18 |
| 38 | Annie Rebindaine | Reigate Priory AC | 408 | FSEN | 3:24:26 | 3:24:26 | F-4 | FSEN-3 |
| 39 | Maurice Hemingway | St Neots Riverside Runners | 60 | MV60 | 3:25:21 | 3:25:16 | M-35 | MV60-1 |
| 40 | Bryn Jones | Unattached | 260 | MV40 | 3:25:48 | 3:25:45 | M-36 | MV40-16 |
| 41 | Mick Barlow | Kent AC | 82 | MV40 | 3:25:50 | 3:25:45 | M-37 | MV40-17 |
| 42 | Andrew Taylor | Serpentine RC | 461 | MSEN | 3:26:15 | 3:26:12 | M-38 | MSEN-19 |
| 43 | Matt Southam | Eastbourne Rovers AC | 325 | MSEN | 3:26:26 | 3:26:24 | M-39 | MSEN-20 |
| 44 | Geoffrey Gray | Eastbourne Rovers AC | 310 | MV40 | 3:26:50 | 3:26:47 | M-40 | MV40-18 |
| 45 | Mark Curtis | Unattached | 164 | MV40 | 3:27:38 | 3:27:31 | M-41 | MV40-19 |
| 46 | John Hammond | Unattached | 221 | MV40 | 3:28:16 | 3:28:13 | M-42 | MV40-20 |
| 47 | Christopher Locke | Unattached | 284 | MSEN | 3:28:43 | 3:28:30 | M-43 | MSEN-21 |
| 48 | Gary Barnes | St Neots Riverside Runners | 151 | MV50 | 3:29:57 | 3:29:51 | M-44 | MV50-2 |
| 49 | David Kellond | Eastbourne Rovers AC | 314 | MSEN | 3:30:54 | 3:30:50 | M-45 | MSEN-22 |
| 50 | Jon Drake | Larkfield AC | 31 | MV40 | 3:31:12 | 3:31:09 | M-46 | MV40-21 |
| 51 | Andrew Bettiss | Eastbourne Rovers AC | 300 | MSEN | 3:31:17 | 3:31:12 | M-47 | MSEN-23 |
| 52 | Matthew Noble | Wreake Runners | 365 | MV50 | 3:31:31 | 3:31:07 | M-48 | MV50-3 |
| 53 | Stephen Johnson | Arena 80 AC | 258 | MV40 | 3:31:31 | 3:31:29 | M-49 | MV40-22 |
| 54 | Richard Dudman | Unattached | 172 | MV40 | 3:32:07 | 3:32:04 | M-50 | MV40-23 |
| 55 | Neil Hynes | Unattached | 251 | MV40 | 3:32:14 | 3:32:06 | M-51 | MV40-24 |
| 56 | Simon Hassett | Dartford Road Runners | 19 | MV40 | 3:32:28 | 3:32:21 | M-52 | MV40-25 |
| 57 | Paul Prior | Dagenham 88 Runners | 399 | MV40 | 3:33:35 | 3:33:28 | M-53 | MV40-26 |
| 58 | Natalie McCreath | Eastbourne Rovers AC | 316 | FV40 | 3:33:48 | 3:33:44 | F-5 | FV40-2 |
| 59 | Paul Monaghan | Reading Roadrunners | 353 | MV50 | 3:34:25 | 3:34:22 | M-54 | MV50-4 |
| 60 | Jeff Bolton | Southend on Sea AC | 401 | MV40 | 3:34:35 | 3:34:32 | M-55 | MV40-27 |
| 61 | Simon Roberts | Maidstone Harriers | 413 | MV40 | 3:34:45 | 3:34:41 | M-56 | MV40-28 |
| 62 | David Ames | Unattached | 56 | MV40 | 3:34:53 | 3:34:44 | M-57 | MV40-29 |
| 63 | Jeffery Scarle | Lordshill Road Runners | 429 | MSEN | 3:34:55 | 3:34:52 | M-58 | MSEN-24 |
| 64 | John Mongine | Unattached | 354 | MSEN | 3:35:02 | 3:34:41 | M-59 | MSEN-25 |
| 65 | Darren Smart | Dartford Harriers AC | 400 | MV40 | 3:35:50 | 3:35:40 | M-60 | MV40-30 |
| 66 | Jonathon Errington | Bracknell Forest Runners | 1 | MV50 | 3:36:42 | 3:36:41 | M-61 | MV50-5 |
| 67 | Martin England | Unattached | 51 | MV50 | 3:37:31 | 3:37:29 | M-62 | MV50-6 |
| 68 | Anthony Lester | Unattached | 278 | MSEN | 3:38:07 | 3:38:03 | M-63 | MSEN-26 |
| 69 | Catherine Wright | Corby AC | 333 | FV60 | 3:38:43 | 3:38:39 | F-6 | FV60-1 |
| 70 | Michael McDonald | Knowle & Dorridge RC | 298 | MV50 | 3:38:47 | 3:38:44 | M-64 | MV50-7 |

| Place | Name | Club | RaceNo | Cat | Gun Time | Chip Time | GenPos | CatPos |
|-------|-------------------|----------------------------------|--------|------|----------|-----------|--------|---------|
| 71 | Andy Kumar | East London Runners | 84 | MSEN | 3:39:41 | 3:39:40 | M-65 | MSEN-27 |
| 72 | Richard Davis | Eastbourne Rovers AC | 304 | MSEN | 3:39:48 | 3:39:45 | M-66 | MSEN-28 |
| 73 | Peter Davey | Medway and Maidstone AC | 165 | MSEN | 3:40:29 | 3:40:26 | M-67 | MSEN-29 |
| 74 | John Kennedy | Weymouth St Pauls Harriers | 231 | MV50 | 3:40:30 | 3:40:26 | M-68 | MV50-8 |
| 75 | Robert Weaver | Unattached | 479 | MV40 | 3:40:40 | 3:39:54 | M-69 | MV40-31 |
| 76 | Kate Jenkins | Gala Harriers | 498 | FV40 | 3:41:33 | 3:41:30 | F-7 | FV40-3 |
| 77 | John McGinty | Unattached | 336 | MSEN | 3:41:38 | 3:41:35 | M-70 | MSEN-30 |
| 78 | Keith Luxon | Benfleet RC | 289 | MV40 | 3:41:49 | 3:41:42 | M-71 | MV40-32 |
| 79 | Alex Reis Alves | Unattached | 991 | MV40 | 3:42:11 | 3:41:57 | M-72 | MV40-33 |
| 80 | Mat Price | Unattached | 398 | MSEN | 3:42:43 | 3:42:22 | M-73 | MSEN-31 |
| 81 | Daniel Regan | Ely Runners | 74 | MV40 | 3:43:03 | 3:42:36 | M-74 | MV40-34 |
| 82 | Katy Lavender | Unattached | 87 | FSEN | 3:43:21 | 3:43:06 | F-8 | FSEN-4 |
| 83 | Richard Green | Unattached | 212 | MSEN | 3:43:24 | 3:43:18 | M-75 | MSEN-32 |
| 84 | Nina Nickerson | Vegan Runners UK | 32 | FSEN | 3:43:45 | 3:43:38 | F-9 | FSEN-5 |
| 85 | Stephen Cooney | Collingwood AC | 154 | MV40 | 3:44:25 | 3:44:24 | M-76 | MV40-35 |
| 86 | Kirsty Bailey | Denmead Striders | 497 | FSEN | 3:44:34 | 3:44:26 | F-10 | FSEN-6 |
| 87 | Philip Lockyer | Unattached | 285 | MV40 | 3:45:22 | 3:45:17 | M-77 | MV40-36 |
| 88 | Daniel Ivey | Unattached | 15 | MSEN | 3:45:54 | 3:45:45 | M-78 | MSEN-33 |
| 89 | Peter Salmon | Dagenham 88 Runners | 422 | MV40 | 3:46:06 | 3:45:57 | M-79 | MV40-37 |
| 90 | Jennifer Bradley | Serpentine RC | 36 | FSEN | 3:46:08 | 3:46:05 | F-11 | FSEN-7 |
| 91 | Kern Roberts | Unattached | 411 | MSEN | 3:46:40 | 3:46:32 | M-80 | MSEN-34 |
| 92 | Kathryn Bronson | Halstead RRC | 124 | FSEN | 3:47:04 | 3:46:53 | F-12 | FSEN-8 |
| 93 | Damien Jones | Chorlton Runners | 616 | MSEN | 3:47:26 | 3:47:21 | M-81 | MSEN-35 |
| 94 | Glenn Burgess | Unattached | 128 | MSEN | 3:48:27 | 3:48:17 | M-82 | MSEN-36 |
| 95 | Apryl Hammett | Unattached | 156 | FV40 | 3:48:49 | 3:48:24 | F-13 | FV40-4 |
| 96 | Howard Lloyd | Unattached | 283 | MSEN | 3:48:51 | 3:48:38 | M-83 | MSEN-37 |
| 97 | Peter Gee | Unattached | 202 | MSEN | 3:48:53 | 3:48:41 | M-84 | MSEN-38 |
| 98 | Alistair Worsley | Unattached | 491 | MSEN | 3:48:53 | 3:48:42 | M-85 | MSEN-39 |
| 99 | Piotr Olchawa | Unattached | 372 | MV40 | 3:48:56 | 3:48:56 | M-86 | MV40-38 |
| 100 | Paul Eagles | Dagenham 88 Runners | 48 | MV40 | 3:49:01 | 3:48:53 | M-87 | MV40-39 |
| 101 | Dan Frost | Unattached | 8 | MSEN | 3:49:08 | 3:48:59 | M-88 | MSEN-40 |
| 102 | Andy Randall | Collingwood AC | 402 | MV40 | 3:49:23 | 3:49:19 | M-89 | MV40-40 |
| 103 | Graham Bowpitt | Denmead Striders | 239 | MV40 | 3:49:56 | 3:49:48 | M-90 | MV40-41 |
| 104 | Laurence Hylton | Unattached | 250 | MSEN | 3:50:19 | 3:50:01 | M-91 | MSEN-41 |
| 105 | David Loughlin | Unattached | 287 | MV60 | 3:50:43 | 3:50:15 | M-92 | MV60-2 |
| 106 | Wil North | Unattached | 367 | MSEN | 3:51:11 | 3:51:06 | M-93 | MSEN-42 |
| 107 | Lee Duggan | Dagenham 88 Runners | 173 | MV40 | 3:52:24 | 3:52:15 | M-94 | MV40-42 |
| 108 | Scot Haggarty | Sevenoaks AC | 218 | MV40 | 3:52:35 | 3:52:11 | M-95 | MV40-43 |
| 109 | Annette Shrimpton | Orpington Road Runners | 437 | FV40 | 3:52:47 | 3:52:19 | F-14 | FV40-5 |
| 110 | Alexis Tobin | Blackheath & Bromley Harriers AC | 27 | MV40 | 3:53:50 | 3:53:42 | M-96 | MV40-44 |
| 111 | Nick Marshall | Littledown Harriers RC | 294 | MSEN | 3:54:04 | 3:54:00 | M-97 | MSEN-43 |
| 112 | Lucy Killington | Unattached | 272 | FSEN | 3:54:19 | 3:53:50 | F-15 | FSEN-9 |
| 113 | Peter Taylor | Unattached | 462 | MSEN | 3:54:27 | 3:54:09 | M-98 | MSEN-44 |
| 114 | Ben Scales | Unattached | 428 | MV40 | 3:55:01 | 3:54:52 | M-99 | MV40-45 |
| 115 | Ian Pullen | Dartford Road Runners | 404 | MSEN | 3:55:06 | 3:54:58 | M-100 | MSEN-45 |
| 116 | Paul Henderson | Hailsham Harriers | 311 | MSEN | 3:55:33 | 3:55:26 | M-101 | MSEN-46 |
| 117 | Kate Jayden | Unattached | 16 | FSEN | 3:55:52 | 3:55:33 | F-16 | FSEN-10 |
| 118 | Helen Johnson | Bracknell Forest Runners | 7 | FV50 | 3:56:08 | 3:56:01 | F-17 | FV50-1 |
| 119 | Robert Haigh | Gravesend Road Runners & AC | 219 | MV50 | 3:56:16 | 3:55:47 | M-102 | MV50-9 |
| 120 | David McKevitt | Eastbourne Rovers AC | 317 | MV40 | 3:56:17 | 3:56:14 | M-103 | MV40-46 |
| 121 | Suzy Yates | Orpington Road Runners | 492 | FSEN | 3:56:21 | 3:55:55 | F-18 | FSEN-11 |
| 122 | James Hatch | Waverley Harriers | 226 | MV40 | 3:56:23 | 3:55:47 | M-104 | MV40-47 |
| 123 | Jim Rapley | Wessex Road Runners | 406 | MV40 | 3:56:24 | 3:56:21 | M-105 | MV40-48 |
| 124 | Martyn Ewers | Devon & Cornwall Police AC | 185 | MSEN | 3:56:29 | 3:56:16 | M-106 | MSEN-47 |
| 125 | Louise Renforth | Eastbourne Rovers AC | 323 | FSEN | 3:56:37 | 3:56:32 | F-19 | FSEN-12 |
| 126 | Chris Phillips | Windle Valley Runners | 409 | MSEN | 3:56:41 | 3:56:08 | M-107 | MSEN-48 |
| 127 | Steve Clarke | Thanet Roadrunners AC | 145 | MV50 | 3:57:13 | 3:57:02 | M-108 | MV50-10 |
| 128 | Peter Fulker | Unattached | 197 | MSEN | 3:57:34 | 3:57:24 | M-109 | MSEN-49 |
| 129 | Daniel Thumwood | Unattached | 469 | MSEN | 3:57:49 | 3:57:42 | M-110 | MSEN-50 |
| 130 | Andrew Wilmot | Halstead RRC | 489 | MV70 | 3:58:15 | 3:58:04 | M-111 | MV70-1 |
| 131 | Jeremy Carter | Horsforth Harriers | 138 | MSEN | 3:58:16 | 3:58:04 | M-112 | MSEN-51 |
| 132 | Jez Maytum | Rebel Runners Medway | 344 | MV40 | 3:58:37 | 3:58:18 | M-113 | MV40-49 |
| 133 | Kate Coombes | Runnymede Runners | 153 | FSEN | 3:58:53 | 3:58:35 | F-20 | FSEN-13 |
| 134 | Kathryn Sygrove | Elvet Striders | 50 | FV40 | 3:58:54 | 3:58:40 | F-21 | FV40-6 |
| 135 | Huw Oliphant | Unattached | 318 | MSEN | 3:58:55 | 3:58:49 | M-114 | MSEN-52 |
| 136 | Andrew Mason | Springfield Striders RC | 296 | MV50 | 3:59:02 | 3:58:47 | M-115 | MV50-11 |
| 137 | Rosemary Close | Fetch Everyone RC | 147 | FV40 | 3:59:34 | 3:59:11 | F-22 | FV40-7 |
| 138 | David Mould | Ely Runners | 94 | MV40 | 4:00:02 | 3:59:29 | M-116 | MV40-50 |
| 139 | Lee Dunstall | Unattached | 305 | MSEN | 4:00:05 | 3:59:58 | M-117 | MSEN-53 |
| 140 | Gemma Stobie | Reading Roadrunners | 456 | FSEN | 4:00:07 | 3:59:48 | F-23 | FSEN-14 |

| Place | Name | Club | RaceNo | Cat | Gun Time | Chip Time | GenPos | CatPos |
|-------|----------------------|----------------------------------|--------|------|----------|-----------|--------|---------|
| 141 | Danny Kay | 100 Marathon Club | 266 | MV70 | 4:01:18 | 4:00:55 | M-118 | MV70-2 |
| 142 | Matt Murgatroyd | Unattached | 359 | MV40 | 4:01:55 | 4:01:42 | M-119 | MV40-51 |
| 143 | Danny Warner | Eastbourne Rovers AC | 329 | MSEN | 4:03:02 | 4:03:02 | M-120 | MSEN-54 |
| 144 | Adrian Shotbolt | Dunstable RRC | 436 | MV40 | 4:03:11 | 4:03:02 | M-121 | MV40-52 |
| 145 | Rosie Atkins | Halstead RRC | 65 | FSEN | 4:03:33 | 4:03:23 | F-24 | FSEN-15 |
| 146 | Natalie Atkinson | Fetch Everyone RC | 20 | FSEN | 4:04:07 | 4:03:47 | F-25 | FSEN-16 |
| 147 | Mark Robson | Unattached | 345 | MV40 | 4:04:16 | 4:04:12 | M-122 | MV40-53 |
| 148 | Plamen Kichmerov | Unattached | 271 | MV40 | 4:04:50 | 4:04:46 | M-123 | MV40-54 |
| 149 | Katherine Norris | Unattached | 28 | FSEN | 4:04:58 | 4:04:41 | F-26 | FSEN-17 |
| 150 | Faye Trickett | Unattached | 108 | FV40 | 4:05:30 | 4:05:17 | F-27 | FV40-8 |
| 151 | Samantha Linassi | Ipswich Jaffa RC | 280 | FSEN | 4:05:53 | 4:05:43 | F-28 | FSEN-18 |
| 152 | Amanda Heslegrave | Barking Road Runners | 230 | FV40 | 4:05:57 | 4:05:23 | F-29 | FV40-9 |
| 153 | John E Turner | Blackheath & Bromley Harriers AC | 475 | MV60 | 4:06:18 | 4:06:03 | M-124 | MV60-3 |
| 154 | Kieron Rye | Unattached | 373 | MSEN | 4:06:56 | 4:06:42 | M-125 | MSEN-55 |
| 155 | Edward Bird | Unattached | 97 | MV40 | 4:07:41 | 4:07:13 | M-126 | MV40-55 |
| 156 | Robert O'Hara | Unattached | 6 | MSEN | 4:07:46 | 4:07:38 | M-127 | MSEN-56 |
| 157 | Kevin Biggs | Unattached | 96 | MV40 | 4:07:56 | 4:07:47 | M-128 | MV40-56 |
| 158 | Mark Pike | Unattached | 392 | MV40 | 4:08:46 | 4:08:30 | M-129 | MV40-57 |
| 159 | Somei Back | Unattached | 72 | FV50 | 4:08:47 | 4:08:16 | F-30 | FV50-2 |
| 160 | Mark Travers | St Albans Striders | 472 | MV50 | 4:09:34 | 4:09:29 | M-130 | MV50-12 |
| 161 | Paul Spooner | 100 Marathon Club | 95 | MV40 | 4:09:38 | 4:09:25 | M-131 | MV40-58 |
| 162 | Richard Lyall | Unattached | 290 | MSEN | 4:09:46 | 4:09:29 | M-132 | MSEN-57 |
| 163 | Andrew Smith | Unattached | 441 | MSEN | 4:10:08 | 4:10:00 | M-133 | MSEN-58 |
| 164 | Paul King | Unattached | 274 | MV60 | 4:10:31 | 4:09:58 | M-134 | MV60-4 |
| 165 | Graeme Boxall | Unattached | 114 | MV50 | 4:11:01 | 4:10:30 | M-135 | MV50-13 |
| 166 | Megan Coates | Unattached | 149 | FSEN | 4:11:08 | 4:10:45 | F-31 | FSEN-19 |
| 167 | Sarah Gilderson | Unattached | 205 | FSEN | 4:11:20 | 4:11:07 | F-32 | FSEN-20 |
| 168 | Henry Overman | Unattached | 378 | MV40 | 4:11:36 | 4:11:28 | M-136 | MV40-59 |
| 169 | Mark Wilson | Denmead Striders | 900 | MV40 | 4:11:42 | 4:11:34 | M-137 | MV40-60 |
| 170 | Andrew Burgess | Maidstone Harriers | 85 | MV40 | 4:11:58 | 4:11:17 | M-138 | MV40-61 |
| 171 | Justin Ellis | Unattached | 182 | MSEN | 4:12:17 | 4:11:46 | M-139 | MSEN-59 |
| 172 | Alex Penny | Buckingham & Stowe RC | 388 | MSEN | 4:12:52 | 4:12:34 | M-140 | MSEN-60 |
| 173 | Matthew Chico | Unattached | 141 | MV40 | 4:13:02 | 4:12:52 | M-141 | MV40-62 |
| 174 | Nicola Cotton | Orpington Road Runners | 158 | FV40 | 4:13:10 | 4:12:45 | F-33 | FV40-10 |
| 175 | Kevin Burton | Unattached | 130 | MV40 | 4:13:35 | 4:13:35 | M-142 | MV40-63 |
| 176 | Steve Taplin | Unattached | 460 | MV50 | 4:13:45 | 4:13:21 | M-143 | MV50-14 |
| 177 | Sandra Egloff | Unattached | 279 | FV40 | 4:14:00 | 4:13:52 | F-34 | FV40-11 |
| 178 | John Close | Fetch Everyone RC | 146 | MV40 | 4:14:09 | 4:13:40 | M-144 | MV40-64 |
| 179 | Alena Bachorska | Unattached | 78 | FSEN | 4:14:43 | 4:14:30 | F-35 | FSEN-21 |
| 180 | Mick Welch | Unattached | 481 | MV40 | 4:15:01 | 4:14:32 | M-145 | MV40-65 |
| 181 | Daniel Smith | Halstead RRC | 443 | MSEN | 4:15:24 | 4:15:14 | M-146 | MSEN-61 |
| 182 | Ruth Calder Murphy | Unattached | 133 | FV40 | 4:16:03 | 4:15:38 | F-36 | FV40-12 |
| 183 | Adam James | Unattached | 255 | MSEN | 4:16:19 | 4:16:16 | M-147 | MSEN-62 |
| 184 | Simon Smith | Unattached | 447 | MV40 | 4:16:27 | 4:16:11 | M-148 | MV40-66 |
| 185 | Ruth Blanco | Unattached | 103 | FSEN | 4:16:30 | 4:15:56 | F-37 | FSEN-22 |
| 186 | Alison Tunley | Unattached | 474 | FV40 | 4:17:12 | 4:16:58 | F-38 | FV40-13 |
| 187 | Graham Penny | Eastbourne Rovers AC | 319 | MV40 | 4:17:14 | 4:17:07 | M-149 | MV40-67 |
| 188 | Jennifer Cass | Unattached | 54 | FV50 | 4:17:15 | 4:17:06 | F-39 | FV50-3 |
| 189 | Matilda Egere-Cooper | Unattached | 179 | FSEN | 4:17:17 | 4:17:04 | F-40 | FSEN-23 |
| 190 | Mike Bristow | Unattached | 122 | MV40 | 4:17:17 | 4:17:14 | M-150 | MV40-68 |
| 191 | Verne Barltrop | 100 Marathon Club | 83 | MV60 | 4:17:31 | 4:17:07 | M-151 | MV60-5 |
| 192 | Lee Edwards | Unattached | 177 | MV40 | 4:18:03 | 4:17:54 | M-152 | MV40-69 |
| 193 | Kim Freeman | Wellingborough & District AC | 196 | FV40 | 4:18:23 | 4:18:07 | F-41 | FV40-14 |
| 194 | Stuart Mellows | Wellingborough & District AC | 343 | MV40 | 4:18:23 | 4:18:07 | M-153 | MV40-70 |
| 195 | Alan Edney | Crowborough Runners | 176 | MV40 | 4:18:34 | 4:18:17 | M-154 | MV40-71 |
| 196 | Roger Egloff | Unattached | 804 | MV40 | 4:19:48 | 4:19:41 | M-155 | MV40-72 |
| 197 | Stephen Savory | Slinn Allstars | 11 | MV40 | 4:20:02 | 4:19:40 | M-156 | MV40-73 |
| 198 | Paula Parsons | Chineham Park Running Club | 382 | FSEN | 4:20:05 | 4:19:51 | F-42 | FSEN-24 |
| 199 | Sarah Pachonick | Reading Roadrunners | 379 | FV40 | 4:20:07 | 4:19:48 | F-43 | FV40-15 |
| 200 | Adam Mansbridge | Eastbourne Rovers AC | 315 | MSEN | 4:20:46 | 4:20:42 | M-157 | MSEN-63 |
| 201 | Matthew Stephens | Eastbourne Rovers AC | 326 | MSEN | 4:20:48 | 4:20:43 | M-158 | MSEN-64 |
| 202 | Andy Bridge | Slinn Allstars | 22 | MV40 | 4:20:55 | 4:20:33 | M-159 | MV40-74 |
| 203 | Alan Warner | Unattached | 120 | MSEN | 4:21:08 | 4:21:00 | M-160 | MSEN-65 |
| 204 | Georgie Townsend | Unattached | 471 | FSEN | 4:21:22 | 4:21:08 | F-44 | FSEN-25 |
| 205 | Jose Morago | Unattached | 355 | MV40 | 4:21:36 | 4:21:36 | M-161 | MV40-75 |
| 206 | Karl Randall | 100 Marathon Club | 403 | MV40 | 4:21:47 | 4:21:29 | M-162 | MV40-76 |
| 207 | Ian Cummins | Dagenham 88 Runners | 47 | MV40 | 4:21:54 | 4:21:44 | M-163 | MV40-77 |
| 208 | Robert Nudds | Unattached | 369 | MSEN | 4:22:05 | 4:21:33 | M-164 | MSEN-66 |
| 209 | Melanie Floyd | Theford AC | 189 | FV40 | 4:22:08 | 4:21:29 | F-45 | FV40-16 |
| 210 | Scott Edwards | Unattached | 178 | MV40 | 4:22:14 | 4:21:51 | M-165 | MV40-78 |

| Place | Name | Club | RaceNo | Cat | Gun Time | Chip Time | GenPos | CatPos |
|-------|-------------------------|----------------------------------|--------|------|----------|-----------|--------|---------|
| 211 | Nicola Redgwell | Garioch Road Runners | 410 | FV40 | 4:22:29 | 4:22:22 | F-46 | FV40-17 |
| 212 | Trudi Hood | Unattached | 148 | FSEN | 4:22:41 | 4:22:28 | F-47 | FSEN-26 |
| 213 | Kirsty Bangham | Ranelagh Harriers | 123 | FV40 | 4:22:44 | 4:22:32 | F-48 | FV40-18 |
| 214 | Vicky Hamblin | Chineham Park Running Club | 40 | FV40 | 4:22:47 | 4:22:33 | F-49 | FV40-19 |
| 215 | Rahana Islam | Dagenham 88 Runners | 252 | FSEN | 4:22:50 | 4:22:38 | F-50 | FSEN-27 |
| 216 | Matt Lane | Winchester & District AC | 111 | MV40 | 4:23:05 | 4:22:16 | M-166 | MV40-79 |
| 217 | Michael White | Maidstone Harriers | 486 | MV50 | 4:23:45 | 4:23:40 | M-167 | MV50-15 |
| 218 | Jay Fletcher | Silson Joggers AC | 187 | MSEN | 4:23:52 | 4:23:35 | M-168 | MSEN-67 |
| 219 | Paul Rose | Silson Joggers AC | 416 | MV50 | 4:23:52 | 4:23:36 | M-169 | MV50-16 |
| 220 | Marco Fortmann | Eastbourne Rovers AC | 307 | MV50 | 4:25:28 | 4:25:27 | M-170 | MV50-17 |
| 221 | Nadine Miners | Avon Valley Runners | 351 | FV40 | 4:26:14 | 4:25:57 | F-51 | FV40-20 |
| 222 | Shane Yusuf | Unattached | 493 | MSEN | 4:26:49 | 4:26:41 | M-171 | MSEN-68 |
| 223 | Peter Spelman | Ilford AC | 452 | MV60 | 4:27:00 | 4:26:46 | M-172 | MV60-6 |
| 224 | Alicia Caulfield | Eastbourne Rovers AC | 301 | FV40 | 4:27:07 | 4:27:02 | F-52 | FV40-21 |
| 225 | David Yu | The Stragglers RC | 18 | MSEN | 4:27:16 | 4:27:09 | M-173 | MSEN-69 |
| 226 | Robert Young | Eastbourne Rovers AC | 332 | MV40 | 4:27:57 | 4:27:51 | M-174 | MV40-80 |
| 227 | Sue Jones | Cybi Striders | 263 | FV50 | 4:28:17 | 4:28:09 | F-53 | FV50-4 |
| 228 | Andy Pittman | Unattached | 75 | MSEN | 4:28:32 | 4:28:10 | M-175 | MSEN-70 |
| 229 | Rob Holmes | Worthing Striders | 237 | MV40 | 4:28:32 | 4:28:02 | M-176 | MV40-81 |
| 230 | Denys Baudry | Unattached | 88 | MV60 | 4:29:18 | 4:29:07 | M-177 | MV60-7 |
| 231 | Angela Jones | Unattached | 259 | FV40 | 4:29:39 | 4:29:31 | F-54 | FV40-22 |
| 232 | Nicola Edkins | Unattached | 175 | FSEN | 4:29:40 | 4:29:10 | F-55 | FSEN-28 |
| 233 | David Connolly | Unattached | 152 | MV50 | 4:30:49 | 4:30:46 | M-178 | MV50-18 |
| 234 | David Clare | 100 Marathon Club | 143 | MSEN | 4:31:03 | 4:30:37 | M-179 | MSEN-71 |
| 235 | Greg Ward | 100 Marathon Club | 116 | MV40 | 4:31:06 | 4:30:33 | M-180 | MV40-82 |
| 236 | Glen Keegan | Herne Hill Harriers | 267 | MV50 | 4:31:37 | 4:31:14 | M-181 | MV50-19 |
| 237 | Stephen Forshaw | Thanet Roadrunners AC | 192 | MV40 | 4:31:51 | 4:31:40 | M-182 | MV40-83 |
| 238 | Darren Rowe | Cleethorpes & District AC | 68 | MSEN | 4:32:09 | 4:31:42 | M-183 | MSEN-72 |
| 239 | Sam Brown | Rebel Runners Medway | 126 | MV50 | 4:32:19 | 4:31:57 | M-184 | MV50-20 |
| 240 | Matthew Payne | Unattached | 384 | MSEN | 4:32:28 | 4:32:14 | M-185 | MSEN-73 |
| 241 | Victoria Dick | Fetch Everyone RC | 69 | FV40 | 4:32:35 | 4:32:21 | F-56 | FV40-23 |
| 242 | Rachel Middleton | Bushfield Joggers | 347 | FV40 | 4:33:18 | 4:33:11 | F-57 | FV40-24 |
| 243 | Ian Vallance | Yaxley Runners & Joggers | 30 | MV40 | 4:33:20 | 4:33:13 | M-186 | MV40-84 |
| 244 | Martin Richard Bush | Reading Roadrunners | 132 | MV50 | 4:33:21 | 4:32:41 | M-187 | MV50-21 |
| 245 | Ben Phillips | Unattached | 390 | MV40 | 4:33:32 | 4:33:12 | M-188 | MV40-85 |
| 246 | Gerry McGovern | Unattached | 337 | MV50 | 4:33:37 | 4:33:10 | M-189 | MV50-22 |
| 247 | Michael Peggall | Dagenham 88 Runners | 386 | MSEN | 4:34:02 | 4:33:47 | M-190 | MSEN-74 |
| 248 | Laura Penny | Buckingham & Stowe RC | 389 | FSEN | 4:34:16 | 4:33:58 | F-58 | FSEN-29 |
| 249 | Julie Reeves | Eastbourne Rovers AC | 322 | FSEN | 4:34:19 | 4:34:14 | F-59 | FSEN-30 |
| 250 | Emma Carter | Headington RRC | 137 | FV40 | 4:34:43 | 4:34:33 | F-60 | FV40-25 |
| 251 | Karen Summerville | Unattached | 459 | FV50 | 4:34:51 | 4:34:41 | F-61 | FV50-5 |
| 252 | Andrew Humphreys | Orpington Road Runners | 245 | MV50 | 4:35:14 | 4:34:44 | M-191 | MV50-23 |
| 253 | Ian Grange | Ranelagh Harriers | 208 | MV50 | 4:35:20 | 4:35:09 | M-192 | MV50-24 |
| 254 | Pardip Bains | Maidstone Harriers | 80 | MV40 | 4:36:49 | 4:36:28 | M-193 | MV40-86 |
| 255 | David Sayer | Reading Joggers | 426 | MV60 | 4:36:55 | 4:36:26 | M-194 | MV60-8 |
| 256 | Philip Longster | Fetch Everyone RC | 62 | MV40 | 4:39:53 | 4:39:31 | M-195 | MV40-87 |
| 257 | Karen Bennett | Canterbury Harriers | 241 | FV40 | 4:40:27 | 4:40:10 | F-62 | FV40-26 |
| 258 | Emma Grenside | Reading Roadrunners | 213 | FV50 | 4:41:16 | 4:40:40 | F-63 | FV50-6 |
| 259 | Brian Mills | 100 Marathon Club | 348 | MV50 | 4:41:29 | 4:40:55 | M-196 | MV50-25 |
| 260 | Becky Harris | Unattached | 37 | FSEN | 4:41:38 | 4:41:17 | F-64 | FSEN-31 |
| 261 | Ian Culton | Bognor Regis Tone Zone Runners | 162 | MSEN | 4:41:40 | 4:41:09 | M-197 | MSEN-75 |
| 262 | Charlotte Moss | Unattached | 356 | FSEN | 4:43:53 | 4:43:20 | F-65 | FSEN-32 |
| 263 | Ashley Westpfel | Unattached | 484 | MV40 | 4:44:02 | 4:43:24 | M-198 | MV40-88 |
| 264 | Peter Tebb | Bushfield Joggers | 14 | MV40 | 4:44:48 | 4:44:15 | M-199 | MV40-89 |
| 265 | Jo Yarnall | Aldridge RC | 81 | FV40 | 4:45:00 | 4:44:35 | F-66 | FV40-27 |
| 266 | Gavin Spurr | Unattached | 453 | MV40 | 4:45:27 | 4:45:00 | M-200 | MV40-90 |
| 267 | Nuala Smyth | Arunners RC | 76 | FV50 | 4:46:26 | 4:46:07 | F-67 | FV50-7 |
| 268 | Hazel Kurz | 100 Marathon Club | 276 | FSEN | 4:47:01 | 4:46:25 | F-68 | FSEN-33 |
| 269 | Peter Rogers | Blackheath & Bromley Harriers AC | 415 | MV50 | 4:47:16 | 4:47:01 | M-201 | MV50-26 |
| 270 | Stephen Hall | Tyne Bridge Harriers | 201 | MV50 | 4:47:18 | 4:46:53 | M-202 | MV50-27 |
| 271 | Anneli Ostler | Felixstowe RRC | 33 | FSEN | 4:47:47 | 4:47:12 | F-69 | FSEN-34 |
| 272 | Alastair Gallichan | Unattached | 198 | MSEN | 4:48:21 | 4:48:16 | M-203 | MSEN-76 |
| 273 | Andrew Kinney | Harlow RC | 275 | MV40 | 4:48:33 | 4:48:09 | M-204 | MV40-91 |
| 274 | Paul Ovenden | Unattached | 377 | MV40 | 4:48:40 | 4:48:18 | M-205 | MV40-92 |
| 275 | Robin Walter | Eastbourne Rovers AC | 328 | MSEN | 4:48:43 | 4:48:37 | M-206 | MSEN-77 |
| 276 | Rachel Comotto | Road Runners Club | 150 | FSEN | 4:48:54 | 4:48:29 | F-70 | FSEN-35 |
| 277 | Louise Large | Unattached | 29 | FV40 | 4:48:55 | 4:48:38 | F-71 | FV40-28 |
| 278 | Ruth Benzimra | 100 Marathon Club | 93 | FV50 | 4:49:12 | 4:48:54 | F-72 | FV50-8 |
| 279 | Emine Ismail De Sanchez | Unattached | 253 | FV50 | 4:49:15 | 4:48:47 | F-73 | FV50-9 |
| 280 | Tracey Grigoleit | Basingstoke & Mid Hants AC | 215 | FV50 | 4:49:18 | 4:49:13 | F-74 | FV50-10 |

| Place | Name | Club | RaceNo | Cat | Gun Time | Chip Time | GenPos | CatPos |
|-------|------------------------|----------------------------|--------|------|----------|-----------|--------|----------|
| 281 | Angela Chambers | Unattached | 119 | FV40 | 4:49:19 | 4:49:06 | F-75 | FV40-29 |
| 282 | Chris Newman | Unattached | 360 | MSEN | 4:49:28 | 4:48:58 | M-207 | MSEN-78 |
| 283 | Craig Shingfield | Eastbourne Rovers AC | 324 | MV40 | 4:50:27 | 4:50:22 | M-208 | MV40-93 |
| 284 | Dan Houghton | Ealing Eagles Running Club | 444 | MV40 | 4:50:32 | 4:50:07 | M-209 | MV40-94 |
| 285 | Dan Spinks | Hillingdon AC | 9 | MV40 | 4:50:33 | 4:50:07 | M-210 | MV40-95 |
| 286 | Russell Gardham | Eastbourne Rovers AC | 308 | MV40 | 4:52:34 | 4:52:29 | M-211 | MV40-96 |
| 287 | Beverley Eagles | Dagenham 88 Runners | 188 | FV40 | 4:53:04 | 4:52:35 | F-76 | FV40-30 |
| 288 | Denise Dyer | Unattached | 306 | FV40 | 4:53:07 | 4:53:02 | F-77 | FV40-31 |
| 289 | Carolyn Thomson Easter | Trail Running Association | 12 | FV50 | 4:53:10 | 4:52:35 | F-78 | FV50-11 |
| 290 | Claire Mepsted | Unattached | 346 | FSEN | 4:53:14 | 4:53:02 | F-79 | FSEN-36 |
| 291 | Andrea Osborne | Eastern Veterans AC | 23 | FV60 | 4:53:32 | 4:52:52 | F-80 | FV60-2 |
| 292 | Edward Mills | 100 Marathon Club | 349 | MV50 | 4:53:47 | 4:53:17 | M-212 | MV50-28 |
| 293 | Liz Small | Unattached | 440 | FV40 | 4:54:17 | 4:53:44 | F-81 | FV40-32 |
| 294 | Cliff Parker | Unattached | 268 | MSEN | 4:54:43 | 4:54:35 | M-213 | MSEN-79 |
| 295 | Graham Weir | Eastbourne Rovers AC | 330 | MV50 | 4:55:09 | 4:55:04 | M-214 | MV50-29 |
| 296 | Philip Reay | Sandhurst Joggers | 407 | MSEN | 4:55:12 | 4:54:39 | M-215 | MSEN-80 |
| 297 | Nicki Howard | Eastbourne Rovers AC | 313 | FV40 | 4:55:39 | 4:55:34 | F-82 | FV40-33 |
| 298 | Ardean Stopp | Fetch Everyone RC | 457 | MV40 | 4:55:56 | 4:55:33 | M-216 | MV40-97 |
| 299 | Andy Patrick | Reading Roadrunners | 383 | MV50 | 4:56:30 | 4:55:53 | M-217 | MV50-30 |
| 300 | Terry Aked | Denmead Striders | 3 | MV40 | 4:56:46 | 4:56:38 | M-218 | MV40-98 |
| 301 | Steve Brame | Springfield Striders RC | 117 | MV40 | 4:57:44 | 4:57:30 | M-219 | MV40-99 |
| 302 | Ryan Walker | Eastbourne Rovers AC | 327 | MV40 | 4:57:51 | 4:57:45 | M-220 | MV40-100 |
| 303 | Cecile Coge | Unattached | 161 | FV50 | 4:58:28 | 4:58:16 | F-83 | FV50-12 |
| 304 | Hugh Worsnop | Unattached | 26 | MV40 | 4:58:45 | 4:58:07 | M-221 | MV40-101 |
| 305 | David Davidson | Pitsea RC | 13 | MV50 | 4:59:11 | 4:58:51 | M-222 | MV50-31 |
| 306 | David Toms | Brandon Fern Hoppers | 500 | MV60 | 4:59:48 | 4:59:33 | M-223 | MV60-9 |
| 307 | Katie Burtonshaw | Unattached | 131 | FV40 | 5:00:54 | 5:00:26 | F-84 | FV40-34 |
| 308 | Judith Webb | 100 Marathon Club | 480 | FV40 | 5:02:23 | 5:01:58 | F-85 | FV40-35 |
| 309 | Katie Elizabeth Gibson | Team Derby Runner | 204 | FSEN | 5:02:37 | 5:02:31 | F-86 | FSEN-37 |
| 310 | Timi Selon Veerasamy | Dagenham 88 Runners | 288 | FV60 | 5:02:41 | 5:02:26 | F-87 | FV60-3 |
| 311 | Norm Boulton | Unattached | 110 | MV40 | 5:02:48 | 5:02:06 | M-224 | MV40-102 |
| 312 | Chris Chandler | Unattached | 140 | MSEN | 5:02:58 | 5:02:26 | M-225 | MSEN-81 |
| 313 | Kerry Borg | Unattached | 64 | FV40 | 5:03:13 | 5:02:39 | F-88 | FV40-36 |
| 314 | Mark Hindry | Harvel Hash House Harriers | 233 | MSEN | 5:03:40 | 5:02:58 | M-226 | MSEN-82 |
| 315 | Neill Harper | Unattached | 999 | MV40 | 5:04:01 | 5:03:33 | M-227 | MV40-103 |
| 316 | Susie Hewer | Unattached | 57 | FV50 | 5:04:20 | 5:03:46 | F-89 | FV50-13 |
| 317 | Andrew Sparey | Unattached | 451 | MSEN | 5:04:45 | 5:04:31 | M-228 | MSEN-83 |
| 318 | Traviss Willcox | 100 Marathon Club | 5 | MV40 | 5:04:56 | 5:04:44 | M-229 | MV40-104 |
| 319 | Paul Kelly | Unattached | 270 | MSEN | 5:04:58 | 5:04:43 | M-230 | MSEN-84 |
| 320 | Sophie Noble | Wreake Runners | 366 | FV50 | 5:05:17 | 5:04:52 | F-90 | FV50-14 |
| 321 | Carol Ann Plater | 100 Marathon Club | 393 | FV50 | 5:05:43 | 5:05:30 | F-91 | FV50-15 |
| 322 | Anna Hatton | 100 Marathon Club | 227 | FV40 | 5:05:43 | 5:05:26 | F-92 | FV40-37 |
| 323 | Jackie Neil | Unattached | 256 | FV40 | 5:07:14 | 5:06:55 | F-93 | FV40-38 |
| 324 | Alison Allen | Unattached | 55 | FV50 | 5:07:16 | 5:06:57 | F-94 | FV50-16 |
| 325 | Maryanne Aitken | Sevenoaks AC | 44 | FV50 | 5:08:24 | 5:07:48 | F-95 | FV50-17 |
| 326 | Kevin Bachan-Singh | Unattached | 67 | MV40 | 5:08:32 | 5:07:48 | M-231 | MV40-105 |
| 327 | Oliver Northrop | Thanet Roadrunners AC | 368 | MV40 | 5:08:38 | 5:08:26 | M-232 | MV40-106 |
| 328 | Jagjit Singh | Unattached | 438 | MV50 | 5:09:04 | 5:08:42 | M-233 | MV50-32 |
| 329 | Malcolm Gumbrell | Winchester & District AC | 217 | MV60 | 5:09:05 | 5:08:30 | M-234 | MV60-10 |
| 330 | Catherine Wernham | Fetch Everyone RC | 112 | FV50 | 5:09:56 | 5:09:15 | F-96 | FV50-18 |
| 331 | Jacqueline Wooller | Eastbourne Rovers AC | 331 | FV50 | 5:10:14 | 5:10:09 | F-97 | FV50-19 |
| 332 | Julie Tebb | Bushfield Joggers | 665 | FV40 | 5:10:28 | 5:09:53 | F-98 | FV40-39 |
| 333 | Max Cotterell-East | Unattached | 666 | FV40 | 5:10:45 | 5:10:06 | F-99 | FV40-40 |
| 334 | Natalie Southgate | Unattached | 450 | FV40 | 5:11:41 | 5:11:21 | F-100 | FV40-41 |
| 335 | Rachel Smith | Maidstone Harriers | 446 | FV40 | 5:11:44 | 5:11:22 | F-101 | FV40-42 |
| 336 | Ellen Cottom | 100 Marathon Club | 157 | FV40 | 5:11:46 | 5:11:26 | F-102 | FV40-43 |
| 337 | Lisa Hewitt | 100 Marathon Club | 232 | FV40 | 5:11:49 | 5:11:29 | F-103 | FV40-44 |
| 338 | Gilbert John | 100 Marathon Club | 257 | MV60 | 5:11:50 | 5:11:34 | M-235 | MV60-11 |
| 339 | Mark Ellis | Sleaford Town Runners | 183 | MV40 | 5:12:44 | 5:12:05 | M-236 | MV40-107 |
| 340 | Mike Folland | Sleaford Town Runners | 190 | MV70 | 5:12:44 | 5:12:05 | M-237 | MV70-3 |
| 341 | Keith Saunders | Unattached | 424 | MSEN | 5:13:28 | 5:13:05 | M-238 | MSEN-85 |
| 342 | Stuart Smith | Littledown Harriers RC | 448 | MV50 | 5:15:49 | 5:15:21 | M-239 | MV50-33 |
| 343 | Tracy Smith | Corsham RC | 449 | FSEN | 5:16:08 | 5:15:52 | F-104 | FSEN-38 |
| 344 | Debbie Thompson | Hatch Warren Runners | 24 | FV40 | 5:16:35 | 5:16:15 | F-105 | FV40-45 |
| 345 | Mary Penfold | Unattached | 387 | FV50 | 5:16:59 | 5:16:23 | F-106 | FV50-20 |
| 346 | Pamela Storey | Serpentine RC | 458 | FV60 | 5:17:43 | 5:17:06 | F-107 | FV60-4 |
| 347 | Tom Martin | Unattached | 295 | MSEN | 5:18:59 | 5:18:39 | M-240 | MSEN-86 |
| 348 | Gary Brampton | Reading Roadrunners | 17 | MV50 | 5:22:55 | 5:22:17 | M-241 | MV50-34 |
| 349 | Louise Brough | Unattached | 125 | FSEN | 5:23:12 | 5:22:32 | F-108 | FSEN-39 |
| 350 | Karen Hurrell | Dagenham 88 Runners | 249 | FV50 | 5:23:57 | 5:23:29 | F-109 | FV50-21 |

| Place | Name | Club | RaceNo | Cat | Gun Time | Chip Time | GenPos | CatPos |
|-------|--------------------------|-------------------------------|--------|------|----------|-----------|--------|----------|
| 351 | Paul Reed | Benfleet RC | 49 | MV40 | 5:26:17 | 5:25:54 | M-242 | MV40-108 |
| 352 | Paul Cooper | Collingwood AC | 155 | MV40 | 5:26:40 | 5:26:15 | M-243 | MV40-109 |
| 353 | Helen Crossland | Unattached | 159 | FV40 | 5:28:12 | 5:27:36 | F-110 | FV40-46 |
| 354 | Graham Clark | Eastbourne Rovers AC | 302 | MV50 | 5:31:29 | 5:31:24 | M-244 | MV50-35 |
| 355 | Jenna Pickering | St Albans Striders | 391 | FSEN | 5:32:36 | 5:32:08 | F-111 | FSEN-40 |
| 356 | Chris Parry | Unattached | 381 | MV40 | 5:32:44 | 5:32:19 | M-245 | MV40-110 |
| 357 | Richard Grant | Unattached | 209 | MSEN | 5:33:37 | 5:33:05 | M-246 | MSEN-87 |
| 358 | Hopi Sen | Unattached | 433 | MV40 | 5:33:38 | 5:33:06 | M-247 | MV40-111 |
| 359 | Zoe Gardham | Eastbourne Rovers AC | 309 | FV40 | 5:35:03 | 5:34:58 | F-112 | FV40-47 |
| 360 | Sara Fraser | Unattached | 194 | FSEN | 5:37:52 | 5:37:34 | F-113 | FSEN-41 |
| 361 | Gemma Brady | Unattached | 115 | FSEN | 5:40:21 | 5:40:12 | F-114 | FSEN-42 |
| 362 | Jo-Anne Hall | Unattached | 220 | FSEN | 5:41:01 | 5:40:39 | F-115 | FSEN-43 |
| 363 | Sophie Shaw | Unattached | 86 | FSEN | 5:41:01 | 5:40:39 | F-116 | FSEN-44 |
| 364 | Amalia Brightley-Gillott | Unattached | 121 | FSEN | 5:42:49 | 5:42:23 | F-117 | FSEN-45 |
| 365 | Tracey George | Dagenham 88 Runners | 203 | FV50 | 5:45:31 | 5:44:54 | F-118 | FV50-22 |
| 366 | Alan Bacon | Unattached | 73 | MSEN | 5:46:48 | 5:46:04 | M-248 | MSEN-88 |
| 367 | Helen Bacon | Unattached | 79 | FSEN | 5:46:48 | 5:46:05 | F-119 | FSEN-46 |
| 368 | Tamsin Finch | Chiltern Harriers AC | 41 | FV40 | 5:49:02 | 5:48:32 | F-120 | FV40-48 |
| 369 | Sarah Ward | Unattached | 911 | FSEN | 5:54:37 | 5:53:53 | F-121 | FSEN-47 |
| 370 | Debbie Davis | Eastbourne Rovers AC | 303 | FSEN | 5:56:14 | 5:56:10 | F-122 | FSEN-48 |
| 371 | Gemma Mace | Unattached | 291 | FV40 | 6:01:00 | 6:00:20 | F-123 | FV40-49 |
| 372 | Wai Meng Au-Yeong | St Albans Striders | 888 | FSEN | 6:01:06 | 6:00:43 | F-124 | FSEN-49 |
| 373 | Mike Camwell | Unattached | 136 | MSEN | 6:04:36 | 6:04:03 | M-249 | MSEN-89 |
| 374 | Pauline Albiges | Unattached | 58 | FV50 | 6:05:31 | 6:05:00 | F-125 | FV50-23 |
| 375 | Nichollette Sayer | Reading Joggers | 427 | FV60 | 6:06:29 | 6:05:55 | F-126 | FV60-5 |
| 376 | Donal Treacy | Unattached | 473 | MV50 | 6:09:27 | 6:08:46 | M-250 | MV50-36 |
| 377 | Vicky Calver | Harlow RC | 134 | FSEN | 6:15:16 | 6:14:42 | F-127 | FSEN-50 |
| 378 | Robert Piggott | Unattached | 77 | MV50 | 6:16:01 | 6:15:39 | M-251 | MV50-37 |
| 379 | Daniel Doyle | Istead & Ifield Harriers | 2 | MSEN | 6:16:19 | 6:15:52 | M-252 | MSEN-90 |
| 380 | Vicky Horne | Sandhurst Joggers | 240 | FSEN | 6:19:50 | 6:19:12 | F-128 | FSEN-51 |
| 381 | Melwyn James Moore | Istead & Ifield Harriers | 100 | MV50 | 6:21:45 | 6:20:57 | M-253 | MV50-38 |
| 382 | Stephen Eaton | Lichfield RC | 174 | MV60 | 6:44:42 | 6:44:07 | M-254 | MV60-12 |
| 383 | Marina Bolton | Southend on Sea AC | 501 | FV50 | 6:48:18 | 6:47:54 | F-129 | FV50-24 |
| 384 | Kerry Whitney | Unattached | 487 | FSEN | 6:51:37 | 6:50:56 | F-130 | FSEN-52 |
| 385 | Elaine Brassington | Chineham Park Running Club | 70 | FV40 | 6:54:23 | 6:53:44 | F-131 | FV40-50 |
| 386 | Lisa Trendell | Hedge End Running Club | 262 | FV40 | 6:59:48 | 6:59:36 | F-132 | FV40-51 |
| 387 | Aurelio Bello | Lordshill Road Runners | 91 | MV60 | 6:59:49 | 6:59:37 | M-255 | MV60-13 |
| 388 | Dean Bugler | Unattached | 127 | MSEN | 16 laps | - | - | - |
| 389 | Mark Ellerby | Folkestone RC | 181 | MSEN | 14 laps | - | - | - |
| 390 | Chris Forsgate | Unattached | 191 | MV40 | 13 laps | - | - | - |
| 391 | Emanuele Cerea | Campetti Peglia Da Ago E Manu | 53 | MSEN | 13 laps | - | - | - |
| 392 | Max Willcocks | Burnham Joggers | 488 | MSEN | 12 laps | - | - | - |
| 393 | Rupert Mcleod | Orpington Road Runners | 339 | MV40 | 11 laps | - | - | - |
| 394 | Mira Mistri | Unattached | 352 | FSEN | 10 laps | - | - | - |
| 395 | Peter Taylor | Unattached | 463 | MV60 | 9 laps | - | - | - |
| 396 | Andrew Keogan | Tyne Bridge Harriers | 200 | MV40 | 8 laps | - | - | - |
| 397 | Stu Randall | Eastbourne Rovers AC | 321 | MSEN | 7 laps | - | - | - |
| 398 | Emma Watkin | Unattached | 38 | FSEN | 7 laps | - | - | - |
| 399 | Jennifer Howland | Unattached | 242 | FSEN | 7 laps | - | - | - |
| 400 | Jackie Lindon | Road Runners Club | 281 | FV40 | 7 laps | - | - | - |
| 401 | Colette Bunce | Fetch Everyone RC | 102 | FV40 | 5 laps | - | - | - |
| 402 | Tom Pope | Unattached | 395 | MSEN | 3 laps | - | - | - |
| 403 | Paul Lingwood | Unattached | 282 | MV40 | 3 laps | - | - | - |